

# Paper Mache Paste Recipes

Below are recipes for various paper mache pastes. It is important you get an adult to help you when you make paper mache, because it can get very messy.

There are many different recipes for paper mache paste and pulp. No one recipe is better than another or the 'right' recipe. Just use the recipe that works best for you and what you are making!

Here are a few options for paste for your paper mache projects:

1. Use a simple mixture of flour and water. Mix one part flour with about 2 parts of water until you get a consistency like thick glue. Add more water or flour as necessary. Mix well to get out all the bumps. Add a few tablespoons of salt to help prevent mold!

2. Similar to the above recipe, but **definitely need an adults supervision**

Put 4 cups of water into a large pot. Place the pot on the stove and bring the water to a boil. While you are waiting for the water to boil, mix together 1 cup of flour with 2 cups of water, stir well to get out as many bumps as possible.

Once the water is boiling, carefully add your flour and water mixture. Simmer this mixture for 2-3 minutes, until smooth. Add a few tablespoons of salt to help prevent mold. Allow to cool before you try to use it!

You can use regular glue mixed with a bit of water. Mix using about 1 part water with 2 parts glue.

3. Use wallpaper paste. Follow the directions from the manufacturer to mix this paste.